



# February 2010

## HIGH SCHOOL



<p><i>Washington</i></p> <p><b>ALTERNATE LUNCH</b>  <b>PEANUT BUTTER &amp; JELLY OR FLUFF, OR MEAT SANDWICH</b></p>	<p>A Choice of Milk is offered with each Meal</p>			
<p><b>1</b></p> <p><b>Cheesburger on a Bun</b>  Oven Potatoes  <b>WHOLE WHEAT BREAD</b>  Mandarin Oranges  <b>SANDWICH BAR</b></p>	<p><b>2</b></p> <p><b>Hot Dog on a Bun</b>  <b>BAKED BEANS</b>  <b>WHOLE WHEAT BREAD</b>  Peaches  <b>FRESH FRUIT</b>  <b>SANDWICH BAR</b></p>	<p><b>3</b></p> <p><b>Beefy Nachos</b>  <b>Steamed Corn</b>  Lettuce, Tomato Cup  <b>WHOLE WHEAT BREAD</b>  <b>FRESH FRUIT</b>  Fruit juice  <b>SANDWICH BAR</b></p>	<p><b>4</b></p> <p><b>PASTA WITH GARLIC CHEESE BREAD</b>  <b>Apricot Cup</b>  <b>FRESH FRUIT</b>  <b>SANDWICH BAR</b></p>	<p><b>5</b></p> <p><b>Cheese Pizza</b>  Tossed Salad  Pear Cup  Fresh Fruit  <b>SANDWICH BAR</b></p>
<p><b>8</b></p> <p><b>Toasted Cheese Sandwich</b>  Tomato Veggie Soup  <b>WHOLE WHEAT BREAD</b>  Pear Cup  <b>SANDWICH BAR</b></p>	<p><b>9</b></p> <p><b>CHICKEN PATTIE</b>  Oven Potatoes  <b>WHOLE WHEAT BREAD</b>  Applesauce  <b>FRESH FRUIT</b>  <b>SANDWICH BAR</b></p>	<p><b>10</b></p> <p><b>Pasta &amp; Meat Sauce</b>  <b>Steamed Broccoli</b>  <b>ITAL. BREAD</b>  Pineapple Cup  <b>FRESH FRUIT</b>  <b>SANDWICH BAR</b></p>	<p><b>11</b></p> <p><b>Chicken Fajitas</b>  <b>Spicy Rice</b>  <b>Corn</b>  <b>WHOLE WHEAT BREAD</b>  Mandarin Oranges  Fresh Fruit  <b>SANDWICH BAR</b></p>	<p><b>12</b></p> <p><b>Cheese Pizza</b>  <b>Tossed Salad</b>  Whole Wheat Bread  Peaches  Fresh Fruit  <b>SANDWICH BAR</b></p>
<p><b>15</b></p>	<p><b>16</b></p>	<p><b>17</b></p>	<p><b>18</b></p>	<p><b>19</b></p>
<p><b>Winter Vacation</b></p>				
<p><b>22</b></p> <p><b>MEATBALL GRINDER FRIES</b>  <b>WHOLE WHEAT BREAD</b>  Strawberry Cup  Strawberry Cup  <b>SANDWICH BAR</b></p>	<p><b>23</b></p> <p><b>Chicken Patty On a Bun</b>  Green Beans  <b>WHOLE WHEAT BREAD</b>  <b>PINEAPPLE Cup</b>  <b>FRESH FRUIT</b>  <b>SANDWICH BAR</b></p>	<p><b>24</b></p> <p><b>Soft Shell Taco</b>  <b>Spanish rice</b>  <b>Steamed Corn</b>  <b>WHOLE WHEAT BREAD</b>  Pear Cup  Fresh Fruit  <b>SANDWICH BAR</b></p>	<p><b>25</b></p> <p><b>Cheesburger on a Bun</b>  Oven Potatoes  <b>WHOLE WHEAT BREAD</b>  Peaches  Fresh Fruit  <b>SANDWICH BAR</b></p>	<p><b>26</b></p> <p><b>Peperoni Pizza</b>  <b>TOSSED SALAD</b>  <b>WHOLE WHEAT BREAD</b>  Mandarin Oranges  Fresh Fruit  <b>SANDWICH BAR</b></p>